

# Wildwood Crest Recreation Department

## January 2026 Activities

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### RECREATION PROGRAMS:

**Adult Fitness:** Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... No class Mon. 1/19

**Walking Wednesdays:** Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages ...

**Boot Camp:** Saturdays at 8:30 am .... Adult exercise program focusing on total body strength ... \$5 per class or 20 classes for \$80

**Wellness Workshop:** Tuesdays at 5:30 pm ... mindfulness class featuring gentle yoga, stretching, balance exercises, movement and synchronized breathwork, sound bath meditation and journaling ... seniors, veterans, those with limited physical abilities and all who are interested are welcome ... \$5 per class or 20 classes for \$80 ...

**Crest Kids Tot Time:** Wednesdays 10 am-12 noon ... unstructured drop-in play time for preschoolers accompanied by a parent or guardian

**Pier Walking:** 8:30 am-3 pm Monday through Friday

**Adult Pickleball:** 8:30 am-9:45 am & 11:15 am-3 pm Monday, Tuesday, Thursday; 12 noon-3 pm Wednesday; 8:30 am-3 pm Friday (reservations suggested; at least one player in group must be Wildwood Crest resident)

**Adult Mahjong:** Wednesdays, 1-4 pm

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### Crest Pier Fitness Room

Open to Crest residents only, ages 18 and older (FREE, but patrons must register in office; hours subject to change)

**Monday-Friday:** 8:30 am-8 pm

**Saturday:** 8:30 am-4 pm; **Sunday:** 11 am-4 pm

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### Crest Arts Pavilion Hours

WINTER 2026

Mon., Tue., Thu., Fri., Sat.: 9 am-2 pm

Closed Wednesdays & Sundays ... Info: 609-522-0221

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**Crest Pier: 523-0202**

**V\$ Pool: 522-0084; CAP: 522-0221**

### CREST PIER DANCES

**Saturday, January 10 – 7-9:30 pm**

**Saturday, January 17 – 7-9:30 pm**

Open to boys and girls in grades 5-8 ... Admission: \$5

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### MEETINGS

**Creative Arts:** Tue. 1/6 at 4 pm (Crest Arts Pavilion)

**Book Club:** Tue. 1/20 at 12 noon (Crest Pier)

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### Wildwood Islanders Youth

#### Basketball Program

The Crest Pier Recreation Center hosts practices and home games for the Wildwood Islanders travel boys basketball program, which competes in the South Shore Basketball League ... free admission for spectators

**January home games at Crest Pier:**

Saturday, Jan. 10: 2:30, 3:45 and 5:15 pm

Saturday, Jan. 17: 3:45 and 5:15 pm

Saturday, Jan. 24: 3, 4:15 and 5:30 pm

(Note: No open rec during games)

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### OPEN REC SCHEDULE

(Subject to change; South Shore games – no open rec)

**Monday-Friday:** 3-6 pm grades 1-8; 6-9 pm HS/adults (close 8 pm Fridays)

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** 11 am-5 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

**Note:** Gymnasium open for adults 8:30 am-3 pm Monday-Friday ... Info: 609-523-0202

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### MLK Holiday Schedule (Monday 1/19)

**Office/Fitness Room:** 8:30 am-5 pm

**Open Rec Schedule:** All ages 11 am-5 pm

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### Island Basketball Tournament

**Wednesday-Sunday, Feb. 19-23**

Island Tournament and Skills Competition for boys and girls basketball teams ... schedule TBA

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